

Motivation 101: Creating Kids Who Love to Learn

STUDY GUIDE

with *ToriAnn Perkey*




HOMESchool *to* **HOMES**chool

www.homeschooltohomeschool.com

ToriAnn Perkey is a mother, mentor, keynote speaker, and teacher. Homeschooling since 2004, she strives to lead each of her children—along with others that she mentors—to discover, celebrate, and prepare for the unique role that each has come to earth to play. Since 2008 ToriAnn has been empowering families through her interactive workshops, inspiring keynotes, and online programs to feel confident and successful as they liberate their children's education. She has served as the past president of Wasatch Home Educators Network (the largest homeschooling network in Utah) and the main teacher for The Homeschool Support Group.



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THOUGHT QUESTIONS

What would it be like if your kids were actually excited to learn and ASKED to do school every day?

What is your biggest challenge in motivating your kids?

WHAT IS INTRINSIC MOTIVATION?

Intrinsic Motivation is _____

Where is one area in YOUR life where you've been intrinsically motivated to learn? What was it like? How did it feel?

KEY INGREDIENTS OF INTRINSIC MOTIVATION

List the three ingredients of intrinsic motivation.

Ingredient 1 _____

Ingredient 2 _____

Ingredient 3 _____

WAYS TO TAP INTO INTRINSIC MOTIVATION

List the five ways to tap into intrinsic motivation.

1 _____

Which languages do you see in your children?

2 _____

Which styles have you noticed?

3 _____

What are good traits that you've noticed in each child? What are annoying ones, and how could these be hidden strengths?

4 _____

What do you need to do to make sure your schedule motivates learning?

5 _____

What are interests you've noticed in your kids? How can you show YOUR interest?

Describe one time when you saw your kid(s) intrinsically motivated.
